School Elections

2 October 2026 · By Rodia Hadjioannou

On October 2, 2026, elections were held at our school to elect the new President of the Student Council, giving students the opportunity to choose their representative for the new school year. The candidates for the position of President were Anastasia Papadopoulou, Alexandros Theoxaridis, Alexandros Oikonomou, and Alexandra Antoniou.

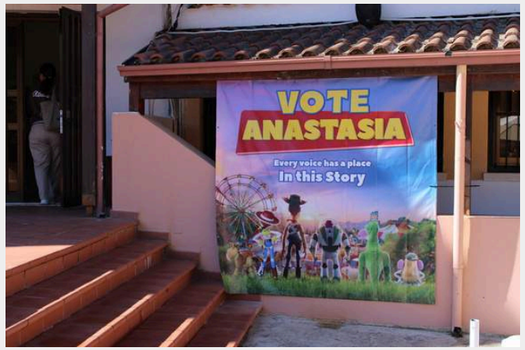
The election day began like any ordinary school day, with students attending their classes as usual. However, during the breaks, the candidates roamed the school grounds, talking with students from different grades—especially the younger ones—getting to know them and listening to their views. They discussed their ideas and goals with them.

As part of the electoral process, in the central courtyard where all the students of the school gathered, each candidate was given the opportunity through their speeches to present their proposals, explain their goals, and share their vision for improving school life. The speeches focused on the importance of student representation, truly listening to their views, and creating a better school environment for everyone.

Following the completion of the electoral process, Anastasia Papadopoulou emerged as the winner, assuming the position of the new President of the Student Council.

Regarding future goals, a core and non-negotiable priority of the Student Council is to ensure that every student feels their voice has value and can be heard. In close cooperation with the entire school community, we envision organizing original school events, cultural and thematic days that will inspire and motivate young people.

Through systematic collection of opinions and cooperation, the goal is to implement meaningful changes that respond to the real needs and desires of the students.













Photos by Eleana Chrysanthou

CELEBRATION OF OCTOBER 1st: "Honoring the Republic of Cyprus"

30 September 2026 · By Maria Eleni Andreou

With a sense of pride and emotion, our school, the Grammar School of Nicosia, held its school event on September 30 to celebrate October 1st, the anniversary of the Independence of Cyprus, with the participation of students and staff in the school courtyard. The event's program opened with the entrance of the flags, accompanied by the rhythmic beat of drums, setting a special tone.

This was followed by official speeches delivered in Greek by History teacher Mr Kyriakos Iakovidis, who referred to the struggles that led to our country's Independence, and in English by one of our school's two directors, Mr Steven Patsalos, who highlighted the values of unity and peace.

The drums were handled by Music teacher Mr Iakobos Loucas, who was also in charge of the event's musical direction. In traditional dances, Physical Education teacher Ms Elena Michael undertook the teaching of the dances to the female students, who performed with exceptional success, while Mr Kyriakos Kokkinos was responsible for the flag ceremony. This anniversary served as a great reminder of the struggles of the Cypriot people, conveying powerful messages from the new generation for a free homeland. Warm congratulations and thanks are due to all the male and female students who took part in the celebration and poured their souls onto the stage, deeply moving teachers and classmates with their presence, ethos, and passion.











Learning to Save Lives!

2 October 2026 · By Melina Klonarou · Kaladji Vasilioy Mikaeela

A Special First Aid Day at Our School!

On Friday, October 2, 2026, from 8:30 to 13:00, the central courtyard of Grammar School Nicosia transformed into a vibrant hub of education, contribution, and social sensitivity. This highly successful event was organized through the initiative and dedicated guidance of our School Nurse, Ms Elena Kouratou.

In collaboration with the "Spiritus Invictus" Foundation—a dynamic non-profit organization dedicated to promoting life-saving and as part of the pioneering Youth Responders program—an exceptionally important First Aid and CPR action took place, marking the upcoming World Restart a Heart Day. Students, teachers, and parents answered our call, joining forces to learn how to protect the most precious asset of all: human life.

Practical Training with Modern Tools

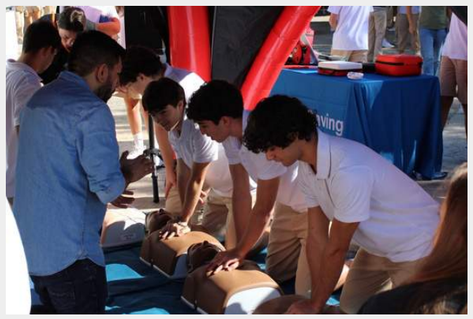
Early in the morning, the courtyard filled with specialized training stations. Students attending Physical Education classes, as well as hundreds of other schoolmates during the first two breaks, had the opportunity to practice on specialized mannequins (dummies). Through experiential guidance, we learned the basic steps of Cardiopulmonary Resuscitation (CPR) and the correct use of the automated external defibrillator. The event gained even greater significance with the honorary presence of representatives from the Ministry of Health, who actively support such school initiatives.

A Major Innovation: Psychological First Aid (PFA)

This year's action featured a very special characteristic that made all the difference. Alongside the CPR stations, our School Psychologist and Counselor, Ms Andriana Demosthenous, set up a dedicated station focusing on Psychological First Aid (PFA). There, students were informed about simple ways to support someone who might be experiencing emotional distress or going through a difficult time. We learned the importance of recognizing signs, approaching and listening to those around us with empathy and without judgment, as well as knowing when it is necessary to seek help from a professional or a trusted adult.

What Did Our Students Take Away from the Event?

During the event, our school newspaper's editorial team visited the central courtyard, spoke with the children, and saw how deeply they understood the factors affecting the heart. Yiorgos (5th grade) and Anna (6th grade) emphasized the importance of daily exercise, proper hydration, and preventative medical check-ups. Meanwhile, little Anastasia and Ismini from the 2nd grade pointed out the major risks hidden in junk food and smoking (both conventional and electronic). A common thread among all the children was the need for systematic care of our bodies and lifestyle, with Anna sharing her own bonus tip: "Morning and evening walks, and plenty of vegetables on our plate!"







Learning to Save Lives! - continued

Continued from page 2

Thea (6th grade) made a particularly strong impression by explaining the biological significance of exercise: "A person who exercises has a lower heart rate because their heart can pump more blood faster and with less pressure." She added that smoking, obesity, and a sedentary lifestyle are our biggest enemies, concluding: "After this hands-on experience with the mannequins, I feel that all of us know exactly what to do in a real emergency!"

Official Statements from the Organizers

Statement by the Event Organizer & School Nurse, Ms Elena Kouratou: "Cardiopulmonary resuscitation is not just theoretical knowledge; it is an act of responsibility and love for our fellow human beings. Our goal today was to give students the right tools so that, if ever needed, they have the composure and technical training to keep someone alive until the ambulance arrives. I am extremely proud of the response and maturity shown by all the children."

Statement by the School Psychologist / Counselor, Ms Andriana Demosthenous:

"It is equally important to offer Psychological First Aid alongside physical aid, because human health is a whole. The main thing I want students to take away from our station is that we must not overlook the emotional difficulties of those around us. The ability to listen without judgment and recognize when a friend is suffering can be just as life-saving for their soul."

The Big Lesson of the Day

This event left us all with a profound lesson. True education is not hidden only within the pages of books, but also in our ability to responsibly care for both our body and our mind, fostering our personal development.

Leaving the central courtyard, all students felt more mature, better prepared, and stronger to respond to emergency situations, supporting others and promoting a steady culture of care, solidarity, and well-being in our community!





With Pink Figures for Hope

The Grammar School of Nicosia stands by the fight against breast cancer.

3 October 2026 · By Astero Petsa

On Saturday, October 3, 2026, the Europa Donna Cyprus organization once again held the 22nd Annual March with the Pink Figures in Nicosia, with the participation of thousands of citizens, organized groups, and schools. The march started from the Old GSP Stadium, where 1,066 pink figures were symbolically placed, representing the corresponding new diagnoses for the year. This year's action placed special emphasis on raising awareness for prevention and early diagnosis, as well as the rights of those suffering from the disease.

The streets of Nicosia were filled with pink color, hope, and emotion. Students from all grades of our school, the Grammar School of Nicosia, wearing pink t-shirts and holding a pink figure in hand with messages of love and hope, determination, and smiles, marched together. Accompanied by the school's Europa Donna coordinator and physics teacher, Mr Andreas Kleanthous, as well as other educators, they supported the fight against breast cancer, honoring the memory of those who have given or are giving this battle, and strongly emphasizing the importance of prevention. The presence of the Grammar School of Nicosia was much more than a simple participation. It was a tangible proof that our youth are sensitive, care, and offer support to their fellow human beings, demonstrating that solidarity and empathy are values cultivated from our school years. Special mention is deserved by our graduating 7th-grade students, who gave a strong and dynamic presence.

"It was a touching experience. We realized that with small actions, like walking here today, we can show our support to fellow human beings who need it," a student of our school characteristically told us after the end of the march.

As a school community, we are proud of the massive and enthusiastic participation of our students. Such actions remind us that education is not limited only within the classrooms, but extends to the heart of society, teaching contribution and love. The message to all people fighting every day is one and remains strong:

We are by your side to hold your hand when you need it.



Our school's students support PASYKAF – An act of love and contribution.

10–11 October 2026 · By Anastasia Papadopoulou

On October 10 and 11, students of our school, as active members of our the Social Work Community, took on a great initiative. Under the guidance of their supervising teachers, they enthusiastically participated in the nationwide campaign of PASYKAF, supporting ticket sales at central supermarkets in Nicosia.

With willingness and a sense of social responsibility, our students joined forces for a sacred cause. They proved in practice that solidarity and volunteering are not merely theoretical concepts, but values that can change the world.

This action served as an experiential lesson in humanity and empathy. Through contact with the public, the students of the Grammar School learned to listen to the needs of modern society, to offer selflessly, and to stand by the side of those undergoing hardship.

We express our warm congratulations to the participating teachers, as well as to all the students who devoted their time to the success of this effort. Their presence fills us with pride and serves as a shining example for our entire school community.

As the children themselves proved, even the smallest act of contribution can become a big embrace of hope!





The Grammar School Nicosia University Fair

12 October 2026 · By Rodia Hadjioannou & Maria Christina Vassiliades

Under the initiative of the Higher Education Advisory Team (H.E.A.T.), the Grammar School Nicosia hosted a university fair on Monday, October 12, welcoming representatives from leading universities across Europe, the UK and Cyprus.

The event began with a traditional dance performance and light music, adding to the vibrant, bustling atmosphere as students, parents, teachers and university representatives navigated the process of pursuing higher education.

Confusion Turned Clarity

Beyond its academic scope, the fair gave students a valuable opportunity to start reflecting on their next steps and their journey beyond graduation. Students and parents alike spoke directly with admissions staff, asking about programs, entry requirements, tuition and scholarships, as well as campus and student life.

By the end of the event, no hands were left empty. Brochures and leaflets were handed out, allowing students and parents to explore each university individually and understand which options best suit their personalities and interests. Even students who were initially uncertain about their future education and career path left feeling more confident and knowledgeable about their next steps.

A World of Options

Institutions from nine countries took part. Italy was represented by Bocconi University, Istituto Marangoni, NABA and Luiss University Rome, and the United Kingdom by Royal Holloway, the University of Sheffield, the University of Reading, Northumbria University and Coventry University. Spain's CUNEF Universidad Madrid, Universidad Europea and Universidad Nebrija were also present, as were Constructor University and Lancaster University Leipzig from Germany, Modul University Vienna from Austria, the Brussels School of Governance from Belgium, and Radboud University and the University of Twente from the Netherlands.



The Grammar School Nicosia University Fair - continued

Continued from page 6

Switzerland brought the Swiss Education Group, the Swiss Hotel Management School, Cesar Ritz Colleges, HIM Business School and Culinary Arts Academy Switzerland. Cyprus had a strong presence too, with the European Institute of Management and Finance, the University of Nicosia and its Medical School and School of Veterinary Science, the European University of Cyprus, American University of Beirut Mediterraneo, Intercollege & Cyprus Marine Institute, and Frederick University. Additional stands for Greece, the Czech Republic, Education USA and CYndes gave students even more to consider.

The busiest stands were those offering engineering, medicine, and business, economics and accounting programs, where students queued to ask about requirements and career prospects.

A Heartfelt Thank You

The success of the fair would not have been possible without the dedication of H.E.A.T., whose hard work and planning brought the event to life. Sincere thanks also go to all the teachers who gave their time and support, and to the students who volunteered, guided visitors and helped everything run smoothly. A unique thank you to our student ambassadors, who generously contributed their time and best of effort in helping our guests, ensuring all representatives were well accommodated and resolving any of our guests inquiries, they truly were an asset to the overall organisation and streamlined running of the event. Finally, thank you to every representative who travelled to share their knowledge with us.

Looking Ahead

The fair showed that studying abroad is no longer a distant idea but a real option, and that asking the right questions early can make all the difference. For younger students, it was a preview of what lies ahead. We hope to see even more of them at next year's fair.





Cycling Together in Life

18 October 2026 · By Marina Karpasiti · Stavri Iosif

Grammar School Nicosia: A Starting Point of Hope and Support for PASYKAF Students, staff, and cyclists came together on Sunday, October 18, 2026, for a special journey of solidarity, as our school had the distinct honour of hosting the launch of PASYKAF's "Cycling Together in Life" campaign. Our school's community proudly gave the starting signal for the Bike Ride 2026 campaign, with cyclists setting off from the school and concluding their journey in the village square of Farmakas. The aim of the event was to raise public awareness and collect money for those in need.

From 7:00 in the morning, our campus was filled with positive energy, warmth, and people united by a common purpose: to promote the values of solidarity, generosity and compassion.

Greetings and the Message of the Day

The event began with a welcome address from Ms Emily Strati, teacher and PASYKAF coordinator at our school, who was responsible for the overall organization of the event. Ms Strati warmly welcomed the distinguished guests and thanked everyone for supporting this important initiative.



This was followed by remarks from one of our school's headmasters, Mr Costas Christoforou, who highlighted the importance of volunteering and the strength that comes from working together for a common cause. Afterwards, Ms Marianna Podina, Provincial Officer of Administration and Resource Development at PASYKAF, spoke about the significance of this collective effort in supporting the organization's mission.

Representing our student community, Student Council President Anastasia Papadopoulou delivered a heartfelt message about volunteering, solidarity, and selfless service. Her words reminded everyone that even the smallest acts of kindness can spark meaningful change. Mr Kyriakos Kolokasis, founder of the cycling team, then spoke about the value of taking part in this special initiative in support of PASYKAF.

A Symbolic Contribution and Active Participation

Just before the start of the ride, our school's headmasters, Mr Steven Patsalos and Mr Costas Christoforou, officially presented our school's donation to PASYKAF, along with a beautiful piece of artwork created by members of the Art Club.

Particularly inspiring was the enthusiastic participation of our students, who enthusiastically embraced this campaign. Accompanied by History teacher Mr Panagiotis Leonidou, they joined the cyclists of the Draft team and filled us all with pride.



Cycling Together in Life - continued

Continued from page 8

In addition, our students prepared personalised messages for each cyclist, which they presented before the start of the journey as a heartfelt gesture of encouragement and support. The presence of so many students at the event contributed greatly to its success, as their enthusiasm, applause and positive energy created a warm and uplifting atmosphere.

Every Pedal Stroke, a Spark of Hope

Then came a moment that will remain etched in our memories. Our students gave the starting signal, and the cyclists began their journey with smiles, optimism, and determination. People from different backgrounds, united by a common purpose, came together in support of a shared vision. Their participation symbolised the power of community, mutual support and the belief that no one should face life's challenges alone.

This day was not just an event; it was a life lesson for young and old alike. A lesson reminding us that humanity lies in our actions, that hope is born when we stand by one another, and that our world can truly become better when we choose to care, give, and participate.

We extend our sincere thanks to PASYKAF for entrusting our school with the launch of this important campaign and for giving us the opportunity to be part of such a meaningful initiative. A big and heartfelt "bravo" goes to our students, who participated with enthusiasm, commitment and a genuine desire to help others actively supporting this worthy cause. We also thank everyone who contributed to the success of the event through their hard work, participation and presence, helping to create such a warm and uplifting atmosphere.

On this day, our school was filled with something stronger than words: compassion, generosity, humanity, love and hope. That hope traveled alongside the cyclists throughout their journey. Every pedal stroke became a spark of hope; every pedal stroke became a symbol of encouragement and a reminder that even small acts of kindness can make a meaningful difference in someone's life.

When we come together, give from the heart and stand beside one another, we have the power to create positive change.

Together, we can. Together, we hope. Together, we make our world a better place.

And our school will always be there to lend a helping hand, to embrace and support those who need it the most.





Grammar School Model United Nations 2026

24 October 2026 · By Panayiotis Leonidou

In 2024, the first version of our school's MUN became a reality with approximately forty school students as delegates. In 2025, our numbers grew to 70 delegates, welcoming students from schools across Cyprus. This year's conference, GSMUN 2026, welcomed 130 delegates from both Cyprus and abroad. The growth, development, and increasing success of this event are entirely due to the passion and dedication of our students.

Our Secretariat, made up of our President Nefeli Hamatsou, Vice President Pierre-Amir Bougrassa, Secretary General Prayas Ghosh and Deputy Secretary General Dionna Petrosyan Makrides, spent countless hours conducting interviews, drafting the relevant documents and researching the latest global updates in order to ensure professional and engaging debates throughout the three days of the conference.

Furthermore, in running the day-to-day operations, we had an exceptional team of Head Organizers who were able to secure the European University of Cyprus as our venue, organize a pizza and trivia night, and set the tone for a joyous, exciting environment. Namely, Marilia Georgiou, Alexandros Koupparis, and Nicole Steliou.

Our Staff Team, led by Antonia Patsalos, and our Media Team, led by Alexandru Musat, worked tirelessly to ensure that everything was in order and the memories of this conference were captured for years to come.







Grammar School Model United Nations 2026 — continued

GSMUN 26' consisted of eight different committees, each one focusing on a different topic, such as 'Addressing the militaristic capabilities of artificial intelligence' and 'The question of Arctic sovereignty being infringed by ongoing militaristic escalations between members of the Arctic Council'. Amongst our eight committees, we featured several specialized committees like our Historical Security Council on the Cuban Missile Crisis, the Crisis Committee on the Weimar Republic and the International Court of Justice. This is the first time an MUN conference in Cyprus has taken such an initiative.

Our delegates were presented with the opportunity to challenge themselves in public speaking, form their own opinions, and engage in meaningful discussions. We were also honored by the presence of our distinguished guest speakers, Dr. Lavinia Ochea, the Chargé d'affaires of Romania to the Republic of Cyprus, and Ms Inna Torgomyan, Ambassador of Armenia to Cyprus.

As Directors of GSMUN 26', Panayiotis Leonidou (Senior Director), Mary Lysandrou (Director of the Organizing Committee), Maria Neocleous (Director of Media), and Zoe Andreou (Director of Staff), we are excited to support the new generation of students and take the conference to new heights.

We look forward to welcoming you to GSMUN 2027!







Photography Meets Giving

24 October 2026 · By Rodia Hadjioannou

Our students photograph the beauty of Athalassa Park.
A creative initiative by the Erasmus and Journalism Clubs to produce a charity calendar for 2027.
On Saturday 24 October 2026, a group of our students had the opportunity to photograph the beauty of Athalassa National Forest Park as part of a joint activity organised by the Erasmus and Journalism Clubs.

Equipped with cameras, mobile phones and positive energy, the students explored the park, looking for images that would highlight its natural richness. Landscapes, plants and wildlife, as well as small details that often go unnoticed, became the focus of their photography. Through their lenses, the young photographers captured their own view of the environment, putting their skills into practice and developing their artistic expression. With imagination and creativity, they captured beautiful and distinctive images.

Beyond the photographic experience, the activity also has a charitable purpose. The best photographs will be selected for the school's 2027 calendar, which will be sold to raise money for charity.

The initiative highlights the importance of cooperation between school clubs and the potential of creativity to support charitable work. It also encourages students to approach the natural environment with greater care, appreciation and sensitivity, recognising the value of protecting it. Through their lenses, they revealed the beauty of nature and captured views of the park that we may never have seen before.

The photography outing to Athalassa was more than an educational activity outside school. It connected artistic expression with environmental awareness and solidarity, giving students the opportunity to turn their photographs into a means of helping others.

We will all have the opportunity to discover the results of their efforts through the 2027 charity calendar, which aims to capture the beauty of nature through the students' eyes. You can be sure that its photographs will reveal details of the park that you may not have noticed before.



With Pride, Our School Honors the Anniversary of October 28th and the Historic "NO"

27 October 2026 · By Anastasia Papadopoulou

OCTOBER HIGHLIGHTS

With a sense of national pride, the traditional celebration for the anniversary of October 28, 1940, took place at our school, the Grammar School Nicosia, on October 27, 2026.

The event began with the parade of our graduating students, a moving moment that filled both students and teachers with pride and emotion. This was followed by an insightful speech delivered in English by History teacher Mr Kyriakos Iakovides who highlighted the historical significance of the anniversary and the enduring values it represents. Under the guidance and supervision of Greek teacher Ms Despina Michaelidou, students Alexandra Zannettou, Astero Petsa, and Melina Klonarou delivered an outstanding commemorative presentation. The timeless message of courage, sacrifice and the struggle for freedom was further conveyed through a moving poem recited by student Eleni Psoma.

The programme continued with outstanding musical and artistic performances. Students Thalalaios Lambrou and Artemis Kattou musically accompanied the event on the piano, while Andreas Brown, Eleni Antoniou, and Christina El Sheik delighted the audience with their performances of the iconic songs "Akordeon" and "O Efedros Anthypolochagos."





28 October Celebration — continued

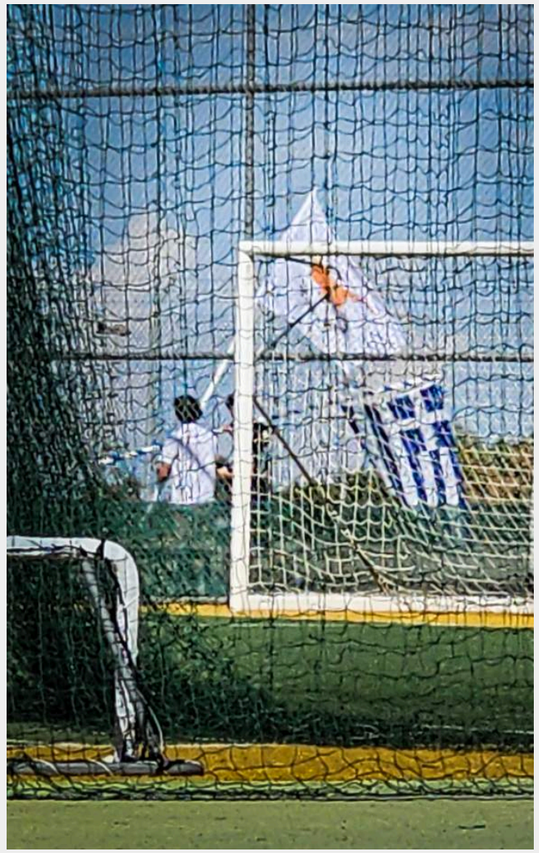
The event concluded with a traditional dance performed by female students of our school.

The celebration provided students with a valuable opportunity to deepen their understanding of the historical events of 1940, reflect on the sacrifices made by previous generations, and appreciate the significance of freedom and peace.

We extend our sincere thanks to all the students who participated in the event, as well as to the teachers whose dedication contributed to its success: Ms Despina Michaelidou for the overall coordination of the celebration and the preparation of the poetry recital, Mr Kyriakos Iakovides for the historical presentation, Ms Marilena Antoniadou for the musical direction, Ms Elena Michael for teaching the traditional dance, and Mr Thomas Tsiopanis for preparing the parade.

October 28th is not merely an anniversary of the past. It serves as a powerful reminder that freedom, unity, and resistance to injustice are values that must be preserved and passed on to future generations. For human greatness is measured by the struggles undertaken in the cause of freedom.







Student Parade 28th October

Exceptional Presence of Our Graduating Class at the Student Parade in Nicosia

28 October 2026 · By Maria Christina Vadiliades

The graduating students of our school, The Grammar School Nicosia, made an outstanding appearance at the traditional student parade for the anniversary of October 28th in central Nicosia. Marching alongside students from public and private schools across the capital, our Class 7 students, accompanied by Physical Education teacher Mr Thomas Tsiopanis, demonstrated exemplary discipline, precision, pride and ethos. They represented our school with distinction, paying tribute to those who fought and sacrificed for the ideals of freedom and justice.

Warm congratulations are extended to all the Class 7 students for their exceptional presence, as well as to Mr Tsiopanis for his guidance and coordination. We also express our sincere appreciation to the entire Physical Education Department, whose dedication and hard work contributed greatly to the preparation and success of the parade rehearsals.





The Grammar School's Annual Halloween Party

30 October 2026 · By Andrea Pavlidou

On Friday 30th October, The Grammar School once again held their annual Halloween party! The party was creatively organised by the school's Reading club and GS Buddies bringing together students from Classes 1-3 for an evening filled with spooky fun.

All students brave enough to attend had the opportunity to celebrate this ghoulish event through music, dancing, sweets and of course our annual Halloween games! Activities included limbo, tug of war, musical chairs, scary stories and the spine-chilling haunted walk! Students had to walk around the school in search of clues, never quite knowing what might be lurking in the shadows. Who knew that a calm, unsuspecting area like our school's swimming pool area could host such a frighteningly fun night?

But everyone knows, that despite all the pleasures of Halloween, like the movies, the candy and the horror stories, the real fun comes with the costumes! The most exciting part of the evening was the costume competition, in which the Grammar School's students showed their maddening creativity in picking, creating and wearing their costumes. Just like every year, these costumes were judged and prizes were awarded to the students with the most imaginative and impressive outfits.

Events like these remind us of the tremendous fun we can all have when students and teachers come together, work as a team and put their ideas into action. We would like to thank everyone who participated and helped make the event such a success.

And who knows? We may be back to scare you all again next year!









Photos By Ariadni Papetta

Stay tuned for our November events...

- Culture Week
- Swimming Gala
- Sports day
- Open Mic
- and many more.....



By us, for us.